## 

be wise, don't let edibles disguise







## What is an edible?

Food items such as cookies, brownies, rice crispies, ice cream, candies and sweet drinks mixed with marijuana (cannabis). Edibles can easily pass as regular food items and can sometimes be distinguished by this universal cannabis symbol:

## What's the Big Deal?

- Edibles take 30-60 min. to absorb in the body and can cause people to consume large amounts of THC before feeling any effects.
- Edibles contain unmeasurable amounts of THC which can lead to THC poisoning.
- One serving may contain several times the recommended dose of 2.5 mg of THC.

Source: Children's Hospital (CHOC) | health.choc.org

