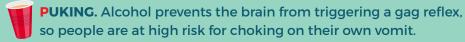
SIGNS OF ALCOHOL POISONING

SIGNS OF ALCOHOL POISONING

COLD SKIN. Consuming too much alcohol causes the brain to lower the body's temperature which is why someone may feel clammy or have blueish or pale skin.

UNRESPONSIVENESS. They are unable to wake up or respond to your voice.



SLOW BREATHING. A person who consumed too much alcohol may also experience irregular breaths as a result of the brain not receiving enough oxygen.

IF SOMEONE IS EXPERIENCING THESE SYMPTOMS, PLEASE CALL 911

DE YOSCV DIG FREE YOUTH IN SANTA CLARITA VALLEY

Source: experience.syracuse.edu

WHAT IS BINGE DRINKING?

When someone consumes a lot of alcohol in a short time period.

For men binge drinking is when they consume 5 or more drinks in 2 hours or less. For women binge drinking is consuming 4 or more drinks in 2 hours or less.

FACTS



Binge drinking is associated with motor vehicle crashes, alcohol poisoning, violence, STD's and chronic disease.



People who binge drink have a higher risk of developing alcohol use disorder.





Source: Center for Disease Control and Prevention (CDC) | cdc.gov

0

44% of high school students who binge drink consumed 8 or more drinks in a row.

1 in 6 adults binge drink.



of adults who drink, report binge drinking.